

Trish Regan
Investing in a Brave New World: Danger, Opportunity, and Reality

Trish sees a new era coming for investing. She is bearish on some of the current policies that could hurt the economy.

She notes stocks keep going up thanks to the Fed's easy money. Trish also notes the Fed needs to keep propping up the economy with these policies.

Trish highlights that she wanted to run a story on her business and economics show about the "House of Cards." This was 2006.

Trish finally got this story on the late night show. Of course she is talking about the housing bust and the timely call of a crash. Trish says she didn't expect the financial crisis to be so large, but she knew something was coming. So what's her thoughts today...

She notes today, you need to be diversified in things like gold.

Chinafication of the U.S. is one of Trish's biggest concerns. We don't have freedoms like we have had in the past.

Trish notes that big tech wants to keep the administration happy. So they don't want things like "stagflation" or "inflation" talked about.

This isn't political because she believes both sides would do the same thing. They both take the opportunity to serve themselves, not the people.

Two key worries of Chinafication are 1. IRS to demand that banks report accounts with over \$10,000 in activity. 2. Big Tech's role in political outcomes and strangling speech.

The Push for Socialism is another topic she is worried about, like Biden's nearly \$2 trillion social stimulus plan to provide elder care, pre-k etc.

Trish is worried about the middle class being squeezed. Bernie Sanders is concerned about the same thing. But she believes the solution to the problem is where the divide comes in. She notes we can keep our freedom while solving this issue.

But talking about politics now is toxic.

Trish advocates for universal pre-k, and paid-for childcare, but she doesn't know how we would pay for it. She would also like this push to be on a local level.

Trish also notes inflation is growing and is getting worse. Food costs are up 16% over the past year.

Trish thinks the initial stimulus was what we needed, but that the increased unemployment benefits hurt America's work ethic. Paraphrasing but she basically says "Why wash dishes when you can collect a check at home?"

All this stimulus is causing inflation. And she thinks that inflation will continue. She notes to watch out for higher oil prices last summer.

From an economic standpoint, if you say you don't want oil, you basically drive up the price of oil.

Oil prices will go even higher because supply will be less. That hurts the family paying for higher diaper costs, higher gas prices, and higher food prices.

Trish notes her parents took out \$30k to build the house she grew up in. That \$30k house they bought in 1972 is now worth \$230k adjusted for inflation. Zillow has the price over \$800k today.

Housing is not factored in to inflation, though we need somewhere to live. This hurts the young couples looking to buy a home today.

Housing prices are very high.

With all this inflation, you want to own gold. It helps even out those inflation issues. And there is inflation no matter what.

Trish still likes being in equities because of the Fed's easy policy. She likes gold/precious metals as an opportunity today.

Trish likes real estate. But since it is illiquid, she highlights REITS as another way to make this trade.

"Watch that 10-year treasury like a hawk." When the 10-year treasury yield gets high, that's when we start to see trouble.

Trish is worried about the 2024 election because of our division in the country. In 2016, people said the Russians stole the election for Trump. In 2020, people say Biden stole the election.

She is worried about this because it seems oddly similar to the countries she covered early in her career. Argentina, Venezuela, Brazil, and Mexico are a few examples she mentions.

Today's division is disabling for democracy. A loss in faith for democracy is when things start to fall apart.

